Stock up your fridge

Stash these products in the icebox. If your AC goes kaflooey or the heat index hits 100+, pull 'em out for a cooling experience like no other:



- Face and body lotions, especially those in gel form, like Simple Ultra-Light Gel Moisturizer (\$11, drugstores) and Éminence Organic Skin Care Aloe Mint Hydrating Cream Gel for Body (\$48, dermstore.com).
- A roll-on eye cream, like Olay Fresh Effects Bright On Schedule Eye Awakening Cream (\$15, drugstores). The cold metal applicator shrinks puffiness and lessens dark circles.
- → A light, airy fragrance, like Pour Le Monde
 Together (\$95 for 1.7 ounces, pourlemondeparfums.com).
 The cold doesn't hurt the juice in the bottle; in fact, it keeps it fresh longer. Spray on pulse points to bring down your temperature.